

## Nityaprarthanashloka Enhance Your Energies Throug

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### **EVELIN JERAMIAH**

**Pebbles Of Wisdom** Simon and Schuster

Hymns in praise of Krishna, Hindu deity, enshrined at Guruvayur, Kerala.

**Yagna** The Bhaktivedanta Book Trust

The Kularnava is perhaps the foremost Tantra of the Kaula School and is constantly cited as an authority in Tantric literature. It is worthy of close study by those who would understand the tenets and practice of the tradition of which it is a Sastra. The Introduction by Arthur Avalon gives a concise outline of the work. Sri M.P. Pandit who is a keen student of the Tantras and Vedas has rendered the work in English in eleven chapters. The readings are free translations, with annotations where necessary, omitting technical details but preserving the spirit and essential import of the original in his characteristically lucid style. The Kularnava prescribes the modes of preparation for the high quest; it draws upon ethics, religion, philosophy, yoga to elevate human

life gradually to the level of godly life. It comprehends the multiple personality of man and provides for the healthy growth of his mental faculties, purification of his physical faculties through ritual, japa, mantra and upasana. Who is fit for the path of Tantra? Who is competent to guide the novice on the double - edged razor path? What is the responsibility of a Guru to a disciple? These and other relevant questions are raised and answered in a satisfying manner.

**Sri Namamrta** Motilal Banarsidass Publishe

This book is compiled with the goal of explaining the hidden history, significance, and meaning of the mantras used in common Hindu puja rituals performed by the Bengalis to the Bengali immigrants.

*The Yoga Sutras of Patanjali* Hampton Roads Publishing

Shri Mataji writes that "India is a very ancient country and it has been blessed by many seers and saints who wrote treatises about reality and guidelines on how to achieve it." This is just such a book. This book is both an introduction to Sahaja Yoga, describing the nature of the subtle reality within each of us, and a step-by-step handbook on how to be a good Sahaja Yogi, the nature of

Sahaj culture, how to be a leader and how to raise children. "The knowledge of Sahaja Yoga cannot be described in a few sentences or one small book, but one should understand that all this great work of creation and evolution is done by some great subtle organization, which is in the great divine form."

**Autobiography of Swami Sivananda** Jaico Publishing House

This is a book for the thirsty. And emphatically not a book for the faint-hearted. In a series of far-reaching exploratory conversations, Sadhguru – a living master and mystic of our times – touches on every conceivable question that a seeker might nurse about the realm of the mystical. Questions about enlightenment, liberation, death, God and the afterlife. Also those niggling but ostensibly trifling questions that so many wonder about, but are hesitant to ask: about spirits, disembodied beings, black magic, possession and the occult. And in a riveting culmination to the book, Sadhguru unfolds the story of his life mission, a saga of extraordinary commitment and courage that spans three lifetimes. The result is the Dhyanalinga, the dream of countless yogis down the centuries: a unique energy form which sows the seed of liberation in all who visit it. This

is a book to treasure. It offers an unprecedented glimpse into the world of a contemporary mystic, a prodigious living archive of knowledge. In the course of his discussions, Sadhguru probes the farthest realms of illogic, and yet his unfailingly rational and matter-of-fact tone lends credibility to the more fantastic aspects of the content.

**Lives of Saints** Jaico Publishing House

SHAKTI MANTRAS Tapping into the Great Goddess Energy Within • Enhance your spiritual gifts • Lighten your karmic burden • Improve your health and increase prosperity • Live in harmony with the universe Now, with Shakti Mantras, we can all benefit from this ancient practice. Thomas Ashley-Farrand, a Vedic priest, is an American expert in the intricacies of Sanskrit mantra. With nearly thirty years and thousands of hours of experience in chanting, he is supremely well-equipped to write the first book that teaches women (and men as well) to tap into the dynamic feminine energy of love in all its manifestations. By sharing enchanting Hindu myths and astonishing true stories from his own practice, Ashley-Farrand helps us to understand the real power that this age-old art awakens in those who perform it. Through dozens of actual mantras—each one presented with phonetic spelling for easy pronunciation and recommendations for specific applications—he enables us to increase our “shakti” (power) and use it to solve problems, ensure abundance, create health and well-being, summon protection, and invoke personal and universal peace. Whether you’re new to chanting or an old hand, Shakti Mantras will take you places you’ve never been before . . . and measurably enrich your life.

**Midnights with the Mystic** Bluerose Publishers Pvt. Limited

Vallabhacharya, the founder of the Pushti Maarg was a poet, scholar and passionate lover of Lord Krishna. Madhurashtakam is one of the immemorial compositions of Vallabhacharya, the founder of Pusti marg. These set of eight verses talk of Shri Krishna's bewitching personality. His pastimes, and His pranks all of which make Him loving and lovable. The composition has become more popular because of its simplicity. Pujya Guruji's commentary on it gives us a sense of immediacy with highlights of episodes from the lives of recent saints. It also makes us introspect on our hypocrisies which prevent us from flowing with sweetness. It opens our eyes to the healing energies of the Divine, clothed in a name and form.

*Tattva Bodhaḥ of Śrī Ādi Śaṅkarācārya* Otto Harrassowitz Verlag

Yagna, is a collection of poems that have sprouted from the profound spiritual realizations of the writer after following the path shown to her by her spiritual Master over the decade. She says, “poetry is the only arrangement of words that comes close to voicing a spiritual realization, otherwise beyond the capacity of alphabets”. Through these poems, the relentless seeker in her communicates intimately with the Master in moods of restlessness, playfulness, realization and bliss. It is a compilation of subtle inspiration for those who seek or are unknowingly seeking.

**The Brahma-vaivarta Purana** Taylor & Francis

The founder of Sri Gopinath Gaudiya Math offers wisdom and clarity about the most vital and least understood aspects of the spiritual path: the teacher. This compilation of articles written by Swami

B. P. Puri is a handbook for those seeking guidance in their quest for a genuine guru, for those wanting to learn more about the foundational concepts of the Gaudiya Vaishnava tradition, or for those simply wanting to deepen their spiritual practice. Swami B. P. Puri articulates the qualities and qualifications of both the spiritual teacher and the student disciple. The book describes the proper processes of approaching the spiritual teacher, learning from them, and offering service to them. Guru also explains what students and teachers should avoid in their pursuit of sincere spiritual practice. Firmly rooted in a wealth of ancient Sanskrit and Bengali poetry and accompanied by Swami B. P. Puri's beautiful and elegant translations and commentaries, Guru will be cherished by those with a keen interest in Hindu spirituality.

**Historicity of Vedic and Ramayan Eras** Society of Abidance in Truth

The Yoga Sūtras of Patañjali are Indian sūtras (aphorisms) that constitute the foundational text of yoga. In medieval times, yoga was cast as one of the six orthodox āstika schools of Hindu philosophy. The Yoga Sutras form the theoretical and philosophical basis of Rāja Yoga, and are considered to be the most organized and complete definition of that discipline. The Sutras not only provide yoga with a thorough and consistent philosophical basis, they also clarify many important esoteric concepts which are common to all traditions of Indian thought, such as karma.

**New Age Purohit Darpan: Shanipuja** The Bhaktivedanta Book Trust

Autobiography of a Hindu saint.

*Sacred Space For Self-transformation* eNPublishers

A Summary Study of Sri Chaitanya-charitamrita Taking the role of His own devotee, Lord Sri Krishna appeared as Sri Krishna Chaitanya about five centuries ago in Bengal, India, and began a great social and spiritual revolution that has profoundly affected the lives of millions worldwide. His conversations with the great scholars, kings, and mystics of the day form the basis of Teachings of Lord Chaitanya.

**Shlokas and Bhajans** Sangeet Bharati

Papers presented at the National Seminar on Scientific Dating of Ancient Events Before 2000 BC, held at New Delhi during 30-31 July 2011.

*Madhurashtakam* Motilal Banarsidass Publishes

Unveiling the enigmatic mysteries of Vāstu that have been hidden for centuries, this book manifests Vāstu śāstra in its purest, unsullied and true form. From characteristics and selection of land, sub-terrain faults, auspicious time, planetary position, micro-cell energy, water reservoir, temple construction, entrance and furniture consideration, to other scientific calculations, this book is a whole gamut of Vāstu śāstra. This pre-classical Scripture was spoken by Lord Vishwakarma Himself. People from all walks of life can get transformative methods to make their personal spaces, homes, offices, buildings, gardens more energetic. As Nicola Tesla once quoted, "If you want to find the secrets of the Universe, think in terms of energy, frequency, and vibration." This book has it all, as this comes from the wisdom and lineage of Sages.

*Krsna* Sri Dhira Chaitanya

This book offers a translation of the seven thousand verses of the second book of the medieval

Hindu text, the Ganesa Purana, one of two Puranas dedicated to the important elephant-headed god. In this book the reader is given many narratives about Ganesa's ascent to earth in order to kill demonic figures who threaten to overthrow the correct world order. In addition, these narratives contain myths about Ganesa's birth and family as well as some extended and quite humorous myths about ideal devotees of the god. The translation is preceded by a long introduction offering a geographical and historical context for the Ganesa Purana. Following the translation are very extensive notes which bring our points of philological interest, but focus mainly on the literary structure of the text and the methods used to present the many myths and narratives in a coherent and fully integrated manner.

**Know Your Child** Notion Press

Bereavement and Final Rites in Hindu Tradition. Religious ceremonies during mourning period.

Vedic insights into Life, death and God in Hinduism.

*The Ancient Science of Vastu* Publications Division Ministry of Information & Broadcasting

Composed by the great sage of Advaita Vedanta, Adi Sankara, this work gives an exposition of the symbols of puja (worship) in light of Nonduality. Written as a dialogue between a disciple and a Guru, the disciple first asks, “What manner of worship is prescribed for the One existing as undivided Being-Consciousness-Bliss with no second, without misconceptions, and of one nature?” He then asks similar questions about the details of such in the context of utmost Nonduality, and, starting with the ninth verse, the Guru replies in the light of the Knowledge of that utmost Nonduality.

*Sahaja Yoga* Central Chinmaya Mission Trust

Sri Chaitanya-charitamrta is the main work on the life and teachings of Sri Chaitanya Mahaprabhu, the incarnation of Krishna who appeared in India five hundred years ago. Lord Chaitanya introduced the chanting of the holy names of God as the prescribed method of God-realization for our time. He began what is today called the Hare Krishna movement, since the movement's founder, Srila Prabhupada, comes in the Chaitanya line of spiritual masters. Lord Chaitanya transformed the face of India in four respects: philosophically, by encountering, defeating and converting the greatest philosophers and thinkers of His day; religiously, by organizing the largest, most widespread theistic movement in India's history; socially, by His strong challenges to the religious inequities of the caste system; politically, by His organization of a massive civil disobedience movement in Bengal, more than four centuries before Gandhi. This English translation with commentary, by His Divine Grace A.C. Bhaktivedanta Swami Prabhupada, reveals his consummate Bengali and Sanskrit scholarship, his intimate familiarity with the precepts of Sri Chaitanya, and his pure devotion to God.

*2500 Years of Buddhism* Divine Cool Breeze Books

About the life of Buddha

*Mahanirvana Tantra With The Commentary Of Hariharananda Bharati* Ballantine Books

Hymn to Tripurasundarī (Hindu deity).